



yogabarn

Yin & Yang Yoga Retreat in Bali

@ the Yoga Barn in Ubud, Bali

June 9–15, 2016 |
Cost: 23,000,000 IDR
\$1650 USD plus taxes

Register: cuphill@telus.net | www.UphillAllTheWay.ca | theyogabarn.com



with **Cheryl Uphill**

Cheryl is an intuitive body worker, using the means of Yoga Therapy as her main modality. Specializing in Restorative/Yin Yoga, Chronic Pain care management, Chakra Balancings and Thai Yoga massage.

Please visit www.UphillAllTheWay.ca for more info about her intuitive body work.



cheryluphill



Yoga with co-teacher, **Ainsley**

Ainsley is a Yoga Master, Theta Healer, Reiki Practitioner, TV Producer and Host of Rogers TV's La Vida Yoga with Ainsley and Health Matters, Lole Women Ambassador, and founder of YellowYogi.com.

www.ainsleymagno.com